



The Village In Howard Newsletter

Volume 4, No 5 • May 2016



“God could not be everywhere and therefore he made mothers.”

— Jewish Proverb

2nd Annual Appraisal Road Show!!!!



Returning on June 18th at Oliver’s Carriage House!! All are welcome. Open to the public and The Village In Howard members.

We had so much fun at last year’s Appraisal Roadshow, we decided to do it again.

Join The Village In Howard in welcoming back Paradigm Experts. Bring an item to be appraised and please bring just one item.

Doors will open at 6:30pm. Catered hors d’oeuvres, wine, and beer, will be served.

\$15 per person admission; \$20 per person if you bring an item to be appraised.



Road Show from 2015

Due to time constraints we want to make sure all items are appraised. Appraisal experts are a gemologist appraiser and a generalist. Items to be appraised can include, but are not limited to, jewelry, timepieces, rare books, furniture, vintage toys and historic memorabilia. Please register by June 10th by visiting the calendar at the website www.thevillageinhoward.org or call the office at 443-367-9043. Seating is limited as are items to be appraised. To go directly to the calendar, click the following link: http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908

It Takes a Village to Make a Village *by* Volunteer Coordinator Susan Hailman



We started in January of 2015 with about 42 volunteers. Our number of volunteers has remained the same but the volunteers themselves have changed over our first year. We have 7 – 10 office volunteers who volunteer at the office daily and keep the office running by making copies of the newsletter, mailings, answering the phone and other necessary functions.

One of the most requested services the Village offered this year was transportation. Over the past year, 10 volunteers provided door-to-door transportation when other options were not viable. TVIH also has a corps of folks who can do small home repairs, help organize and de-clutter, hang a picture, replace a light bulb, help with smart phones and computers or water plants while members are away. We’ve even refilled bird feeders! About 10-12 volunteers are involved in “behind the scenes” work like organizing and managing our events and programs. While initially all the events on our calendar were Board-generated, now many are suggested, planned and managed by member volunteers.

This is the work required to become a Village. We need organizational infrastructure. We need the events that help us to get to know each other and become a community. We need the neighbor-to-neighbor assistance designed to make it easier to stay in the home/community that we love. It’s all powered by volunteers who roll up their sleeves and give their time and talent. It takes a Village to make a Village – we couldn’t do it without you! To volunteer visit www.thevillageinhoward.org or call the office at 443-367-9043.

TVIH Monthly Activities Requiring Registration

The following is a list of monthly activities for the members of TVIH. Guests are welcome and will need to register with a member. There are three ways to register for an event:

- *Call the TVIH Office at 443-367-9043 to register. If no one picks up, please leave a message and a volunteer will get back to you.*
- *Visit the website at www.thevillageinhoward.org and sign in. After you have signed in, click on the "Calendar" for the activities for this month or for future months. Click on the activity you want to register for. If you are having difficulty registering on the website, please call the office at 443-367-9043.*
- *Click this link to go directly to the website Calendar:*

http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908

Rain Gardens: On Tuesday, May 10th, John McCoy from the Columbia Association will describe how these environmentally useful methods of helping runoff are being utilized in public properties and how homeowners can employ the same practices for their own property. Meet at the East Columbia Library on Cradlerock at 1pm. There will be a van tour of local rain gardens that will show the program in action. Participation is free but you must register.

Bridge: Tuesday May 10th and Tuesday, May 24th are the days for bridge, on 2nd floor of Wegman's. We start at 1pm and play for 2 hours. We have one table of four for bridge and are hoping that more would like to join us. We are also looking for subs.



New CPR: Hands Only. On Friday, May 13th at 1pm, a member of HC Fire and Rescue will show a simpler and more effective technique utilizing just hands and compression to perform CPR. This technique can save a life in the minutes before the ambulance arrives. Gather at the Columbia Gateway building at 6751 Columbia Gateway Dr. Columbia MD 21046. There is no charge for the class, but you must register.

Approachable, Affordable New Zealand Wines. A "Touch and Taste" with Terry and Kathy Sullivan. Guests will be lead thru some of New Zealand's wine bargains and specialties. Tasting and evaluating sauvignon blancs and pinot noirs. A relaxed and social afternoon of learning about wines and wine making. Light snacks will be served. Sunday, May 15th at 2pm at a member's home. Cost is \$10 per person. The location of the wine tasting can be found when you register for the event. This program fills up quickly, so register soon.



"The Other Talk" You have already had that "talk" with your children. Now it is time for the "other talk". A conversation about your health, legal and financial matters, and your end-of-life decisions. Having this talk is critically important to both you and your loved ones. In order to age with dignity, your support network needs to know your choices so they can be honored. Presenter: Jill Kamenetz of the HC Office of Aging.

Monday, May 16th at 1pm at the Ellicott City 50+ Center on Frederick Road. No fee will be charged but be sure to register for this important "talk".



Travel Near, Travel Far & Potluck. Victoria and Joshua Tsitlik will share their adventures with Road Scholar (formerly Elderhostel). It is a travel company that has programs designed for those over 55. It is particularly designed to meet the needs of single older adults.

As an added bonus, the Tsitlik's will share their adventures with their grandchildren at Bed-and-Breakfast Vacation at a working farm. Please bring along some photos or mementos from your own travels.

My 3 Cents. The topic for the May discussion will be "Diversity in Howard County". What can be done to foster diversity? What are the barriers in housing, healthcare and education that restrict diversity? The group will meet on Tuesday, May 24th from 2 - 4pm at Christ Memorial Presbyterian Church in Columbia. Be sure to register as seating is limited.

Workshop: Adventures in Glass Fusing. In the studio, the instructor will help you create a glass project such as hanging flower vase, wind chimes or a soap dish. The completed works will be fired in the studio kiln and picked

up at a later date. Workshop will be held at Clayground Studio and Gallery in Historic Ellicott City. Directions and parking can be found when you register. Wednesday, May 25th from 1pm until 3:30pm. Cost for materials and instructions is \$30. Instruction for payment can be found at the website when you register. Capacity is limited so register early.

Summer Picnic: June 12th We have come full circle to the summer picnic !!!!! Once again we will be at East Cedar Lane Park on Route 108 on Sunday, June 12th at 4pm. BBQ pork and chicken sandwiches, beverages, and dessert will be provided. Guests are asked to bring a salad or a side dish to share. Cost is \$7 per person. Rain or shine as we are under a pavilion. What kind of trivia quiz will there be this year or maybe we will do a balloon toss?



TVIH Weekly Activities that are “Open” to all seniors in the county.

Lunch Bunch. Meet at 11:30am for lunch on Wednesday with other TVIH members and guests who would like to get to know the Village. For the month of May we will meet at Facci Restaurant at 11095 Resort Road, Ellicott City, 21042. Better get out your GPS as we are traveling to the west of the county on Route 40 and gathering for lunch out by Turf Valley. Lunch is self-pay. No need to register, just show up.

Sneakers and Coffee. Every Saturday at 9am meet at the People Tree at Columbia Lakeside and walk around Lake Kittamaqundi with friends at TVIH. After the walk enjoy coffee and pastry at Whole Foods. All are welcome. No need to register. Drop in.



Happy Hour. The first Tuesday for May is May 4th. Join us at Union Jack’s at 4pm. Happy hour prices on food and drink. Members and guests welcome. No need to register. Drop in.



Welcome New Members

Madeleine MacCragh of Columbia

Robert Brown of Columbia



Did You Know?

Do you “fit” safely behind the wheel of your car? “Car Fit” is a free 20 minute evaluation conducted by trained technicians that is not a driving test, but evaluates the fit of the vehicle for the driver. This program was developed by the American Society of Aging, AAA, AARP and the American Occupational Therapy Association. This free evaluation is on Thursday, May 26th from 10:30am to 2:30PM at 5570 Sterrett Place parking lot in downtown Columbia. This event is sponsored by the HC Police Department and Neighbor Ride. Car Fit is free but reservations are required by emailing volunteer@neighborride.org.

“Village Buddies” Program If you are an active Village member, would you be willing to invite a new member to join you at Village events? If you are that person, the Village is starting a new program to ease new members into our activities. The Membership Chair and Volunteer Services chair would like to hear from you. Sometimes all a new member needs is a friendly call and someone to meet at an event to become more active and get off the couch. Help build the Village community and become a “Buddy”. Call the office at 443-367-9043 to sign up or contact services@thevillageinhoward.org or membership@thevillageinhoward.org for more details.

Caregiver Support Day. The Howard County Office of Aging invites caregivers to join them for a day of luxurious pampering, good food and shared camaraderie at 50+ Bain Center in Columbia on Saturday, May 14th from 9am – 3pm. Respite is available. Continental breakfast, guided imagery, paint your own masterpiece and zentangle will be offered. No charge but space is limited and reservations are a must. Call 410-313-5955 or email kwehr@howardcountymd.gov.

MAY 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25 8:00 AM - Library Of Congress and Capitol Tour, 8 AM	26 1:00 PM - Bridge, 1 PM 2:00 PM - My 3 Cents (United States and Its Prospects), 2 PM	27 11:30 AM - Lunch Bunch At Nordstrom Cafe, 11:30 AM	28 6:00 PM - Travel Club/Potluck (Florida Keys), 6-8 PM	29	30 9:00 AM - Sneakers And Coffee, Kittamaqundi Lake, 9 AM
1	2	3 4:00 PM - Happy Hour at Union Jack's, 4 PM	4 11:30 AM - Lunch Bunch At Facci Italian Restaurant, 11:30 AM	5	6	7 9:00 AM - Sneakers And Coffee, Kittamaqundi Lake, 9 AM
8	9	10 1:00 PM - Rain Gardens ...helping Howard County lakes, 1 PM	11 11:30 AM - Lunch Bunch At Facci Italian Restaurant, 11:30 AM	12	13 1:00 PM - NEW CPR, Hands Only, 1 PM	14 9:00 AM - Sneakers And Coffee, Kittamaqundi Lake, 9 AM
15 2:00 PM - New Zealand Wines, 2 PM	16 1:00 PM - The "Other" Talk, 1 PM	17	18 11:30 AM - Lunch Bunch At Facci Italian Restaurant, 11:30 AM	19 6:00 PM - Travel Club/Potluck (Road Scholar Trips and Farm Vacations), 6-8 PM	20	21 9:00 AM - Sneakers And Coffee, Kittamaqundi Lake, 9 AM
22	23	24	25 11:30 AM - Lunch Bunch At Facci Italian Restaurant, 11:30 AM 1:00 PM - Workshop: Adventures In Glass Fusing, 1 PM	26	27	28 9:00 AM - Sneakers And Coffee, Kittamaqundi Lake, 9 AM
29	30	31	1	2	3	4

Supporters:



Assisted Living & Adult Medical Daycare

5460 Ruth Keeton Way, Columbia, MD 21044
410-964-9616



Dish & Design Baltimore, 3612 Annapolis Road,
Baltimore, MD 21227 Phone 1-410-636-6663



INTEGRITY. KNOWLEDGE. RESULTS.

9251 Baltimore National Pike, Ellicott City, MD 21042
410-465-6900



4112 Old Columbia Pike, Ellicott City, MD 410-465-2848



The Village In Howard

Aging in Howard just got easier....

If you have problems with, or need information on:
Membership, email membership@thevillageinhoward.org
Volunteering, email volunteer@thevillageinhoward.org

If you would like to be removed from this email list, please email your name and email address to 4info@thevillageinhoward.org. We will not share your email address or personal information with anyone.