



# The Village In Howard Newsletter

Volume 6, No 9 • October 2018

## HEADS UP!

For the first time since our official launch in January '15, the Board has determined that membership fees need to be raised to accommodate rising costs. Fortunately, because so many members contribute their time and expertise we are able to maintain lower costs and a bare bones budget of \$63,500. All new members and those that renew after 12/31/18 will pay:

Individual:	ASSOCIATE \$165
Individual:	FULL \$385
2 Member Household:	ASSOCIATE \$275
2 Member Household:	FULL \$495

## SAVE the DATE!! December 6th

Based on last year's successful Annual Meeting, we will again combine a holiday celebration, minimal business and an enlightening program on Thursday, December 6th at 7:00pm at Amherst House in King's

Contrivance. It is the only event of the year where we hope all members will attend.

## Coming Soon !!!!!!!

**50+ Expo Friday,  
October 19th, 9am – 4pm**  
*Wilde Lake High School, 5460 Trumpeter Road,  
Columbia, 21044*



TVIH in collaboration with the Horizon Foundation's "Speakeasy" program will host an informational 3 part series for TVIH members this fall. Event topics will focus on educating individuals on the importance of creating an advance directive and helping individuals with writing and/or uploading their advance directives to the Howard County

## The Value of Village

The value of the Village we've created over the past 4 years crystallizes for me based on a conversation or a comment from a member or volunteer. There are many, many folks who have given me these moments. For illustration, I've just picked one, but rest assured, we appreciate all of you!

First, a little background. Mike and Kathy O'Rourke have been volunteers and members since March 2015. They shared that they were recently retired and that, as Kathy said, "we said 'isn't this great?' And then, 'what do we do now?'"

What they did was to jump in with both feet—attending events, and contributing their time and skills, first as volunteer drivers and then diverging –Kathy into office volunteer activities, Mike into handyman jobs. Their openness to challenges led to "other duties as assigned". If you've participated in our Barnes and Noble

gift wrapping or author events, you've undoubtedly seen Kathy's smiling face. She coordinates many of these events for the fundraising committee. If you've ever requested a service from the Village that didn't fit neatly in a category, you may have met Mike, who is one of our "I'm up for anything" fixers. Mike's "above and beyond" activities included not only making minor home repairs for a downsizing member, but also researching how to repair a broken blind that stymied him on his first trip out, and returning to complete the job.

Kathy and Mike balance TVIH with other volunteer activities like Meals on Wheels and are active cyclists with Cycling for Health as well as being hands-on grandparents, but that doesn't seem to stop them from seeing a need and stepping in to meet it. And that's what led to my

Village moment. A few months ago they stepped in to spend time with a member who was ill and whose spouse needed a little time away.

Recently, I was chatting with Kathy after this member's memorial service. Her comment was "I was so glad we got to spend that afternoon with him. He was such an interesting man!" That was my "Village moment". We come together to have fun, to help each other out and the reward is those relationships we form and the community those relationships create. If that's your experience of TVIH, thank you for being involved. If that's not your experience yet, please feel free to jump in—with one toe if not both feet. We need your involvement on many levels to create this community. There are many ways to become more involved. Contact me [shailman@comcast.net](mailto:shailman@comcast.net) for more information.

General Hospital data base. The first class is October 18<sup>th</sup>, 10am to 12pm at the TVIH Center. The second program is on November 29 at HCGH Wellness Center and the last class is on December 6 at HCGH Wellness Center. Registration is required for each class. Please visit the website calendar at [www.thevillageinhoward.org](http://www.thevillageinhoward.org).

## WELCOME NEW MEMBERS

Helen Worth of Columbia  
Adrien & Stephen Meskin of Columbia

### 50+ Expo Volunteer Meeting

Special thanks to all of you who have volunteered to serve at the TVIH booth at the Expo on Friday, October 19! This annual event is the most important audience for TVIH to recruit additional members. Although many of you have represented TVIH in prior years, we are having a meeting to be sure everyone has the general message to share with visitors that day. We will meet at the TVIH Center at 11:00 am on Tuesday, October 9. The meeting will not be a long one. We hope past volunteers will also share their experiences at the Expo. We will also provide a handout for everyone with pertinent information to share with visitors.

## THAWG

### The Healthy Aging Workgroup

Progress continues to be made in building collaborative partnerships with the Howard County Health Initiative programs. We have a new relationship with the Horizon Foundation's Speakeasy.org program that guides citizens in discussing and writing an Advance Directive and having it scanned into the HCGH data base. Keep a look-out for the upcoming programs on the

TVIH Calendar!

CALLING FOR VOLUNTEERS TO JOIN THE HEALTHY AGING WORKGROUP- if you wish to actively participate in helping in these outreach efforts with leaders of the HoCo Health Initiatives to benefit TVIH interests, please contact Judy Goldfarb at [judygoldfarb8@gmail.com](mailto:judygoldfarb8@gmail.com).

### Interested in Mentoring or Tutoring?

There's still time to join TVIH in mentoring or tutoring elementary and middle school students this year. We will be participating with A-OK Mentoring-Tutoring, a county based non-profit. There are a variety of opportunities available and absences due to vacations or other obligations do not prohibit participation. There is an orientation session on Oct. 18 at 2 pm at the Hawthorn Center – 6175 Sunny Spring, Columbia. RSVP: [susan@aokmentor.org](mailto:susan@aokmentor.org). Please say you are with The Village in Howard. Please let me know as well if you are planning to attend [shailman@comcast.net](mailto:shailman@comcast.net). Lunch Bunch, September 2018



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## EVENTS OPEN TO ALL

*Open to members and non-members. Join us to learn about the Village.*

**Happy Hour** on Tuesday, October 2nd from 4pm to 6pm at Facci's Italian Restaurant located at 7530 Montpelier Road in Laurel, Maryland 20723.

**Sneakers and Coffee:** Meets every Saturday at Lake Kittamaquundi at the People Tree at 9:00am.

**Lunch Bunch:** Each Wednesday from 11:30am to 1pm. For October, we will meet at Urban Plates at the Mall in Columbia. Restaurant faces the parking lot at

the back of the Mall and is next to Walrus Oyster and Ale House.

**Monday Morning Meanderings:** Meets every Mon., 10:00am – 12:00pm at Lake Elkhorn dock.

**Bridge Group:** Meets every Second and Fourth Tues. each month at 1:00pm at Wegman's in Columbia. If interested, contact Sarah Spence at (410) 730-9269, online registration is not available.

# TVIH MONTHLY ACTIVITIES REQUIRING REGISTRATION

## THERE ARE THREE WAYS TO REGISTER FOR AN EVENT:

- Visit the website at [www.thevillageinhoward.org](http://www.thevillageinhoward.org) and sign in. After you have signed in, click on the "Calendar" tab for the activities for this month or for future months. Click on the activity you want to register for. If you are having difficulty registering on the website, please call the office at 443-367-9043.
- Call the TVIH Office at 443-367-9043 to register. If no one picks up, please leave a message and a volunteer will get back to you.
- Click this link to go directly to the website Calendar:

[http://thevillageinhoward.clubexpress.com/content.aspx?page\\_id=2&club\\_id=855297&sl=504175908](http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908)

*Note: All events will take place at TVIH Center unless otherwise specified.*

### **Larriland Farms**

*Wednesday, October 3,  
9:30am - 12:00pm*

Join friends from TVIH in picking your own fruits and vegetables in season.

### **Apple Butter Festival, Berkeley Springs, WV**

*Saturday, October 6,  
9:30am - 5:00pm*

Homemade apple butter and all that a "Fall Fest" has to offer. A museum as well as historic sites within walking distance of the town square. Lunch reservations have been made for 1:00 for 12 at the historic Berkeley Springs Inn Restaurant or explore what the many food vendors have to offer.

### **Faculty Series Concert at HCC: Gershwin & Bernstein Centennial Celebration Concert**

*Horowitz Center,*

*Howard Community College*

*Saturday, October 6, 7:30pm*

Music faculty from HCC celebrate the composers' birthdays by offering their most beloved works for flute, piano, violin and voice.

### **Smithsonian**

### **Environmental Research Center Trip and Hike**

*Wednesday, October 10,  
9:00am - 2:00pm*

This wonderful natural resource in Edgewater overlooks the Chesapeake Bay offering hiking trails, a museum and marshlands. We are offering 3 guided hiking tours from a leisurely walk to a 4-mile hike. Lunch at Mike's Crab House.

### **My 3 Cents**

*Wednesday, October 10,  
2:00pm - 4:00pm*

Open discussion on "The immigrant within us": How and why our families arrived in America and what greeted them.

### **Elders' Wisdom Collective**

*Thursday, October 11,  
11:30am - 1:00pm*

The Elders' Wisdom topic for its October 11th meeting has been changed. In *Ageism: "You look good for your age,"* we'll discuss the subtle and not-so subtle ways in which those in our age cohort are treated differently from others as well as what we can do to counter these entrenched prejudices.

### **Mahjong**

### **(American Version)**

*Friday, October 12,  
10:00am - 12:00pm*

Learn how to play this exciting tile-based game with a group of qualified instructors.

### **Making Holiday Presents from Family Photos**

*Tuesday, October 16,  
10:00am - 11:30am*

We'll explore various ways to use all those saved family photos to create memorable gifts.

### **Easy Yoga, Stretch and Guided Meditation**

*Tuesday, October 16,  
1:00pm - 2:00pm*

Easy yoga demonstrates postures and stretches followed by guided meditation and relaxation.

### **TVIH Website and iPhone Workshop**

*Wednesday, October 17,  
10:00am - 11:30am*

Learn about navigating TVIH website using your devices. Bring your iPhone, iPad or laptop.



## **The Village Readers (Book Discussion Group)**

*Thursday, October 18,  
10:00am - 11:30am*

Both fiction and nonfiction books are selected as a joint decision by the group membership.

## **Speakeasy**

**Sponsored by Horizon  
Foundation**

*Thursday, October 18,  
10:00am - 12:30pm*

First of a three-part program to aid senior individuals regarding end of life choices and documents. Part 1: Screening and discussion of "Being Mortal" a PBS documentary.

## **Needles, Hooks and Coffee**

*Friday, October 19,  
10:00am - 11:30am*

A get-together of TIVH members who knit, crochet, sew, quilt, hook, make jewelry, cards or holiday decorations. Bring your projects to finish and learn from others.

## **The Granite Rose Tea Parlour**

*Friday, October 19,  
1:00pm - 4:00pm*

Enjoy an afternoon of tea with

friends in this 1890's Victorian parlour in historic Granite, MD.

## **Restaurant Night House of India**

*Sunday, October 21st  
5:00pm - 7:00pm*

9350 Snowden River Pkwy, Columbia.  
Generous portions of Northern India fare.

## **Travel Near/Travel Far and Potluck: Eating, Working and Socializing in Szechuan, China**

*Wednesday, October 24,  
5:30pm - 8:30pm*  
Howard County Central Library,  
10375 Little Patuxent Pkwy,  
Columbia

Bill Levine worked with a robotic research group in China which required many visits over the past few years. He will talk and show pictures from his experiences: eating, socializing, people's homes and a little tourism.

## **Mahjong (American Version)**

*Friday, October 26,  
10:00am - 12:00pm*

Learn how to play this tile-based game with a group of qualified instructors.

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Support TVIH by using AmazonSmile, a giving program offered by Amazon.com for the same products and prices. When you use AmazonSmile for your shopping, 0.5% of the purchase price of eligible products will be donated to TVIH. How does it work? Start each shopping session at the URL <http://smile.amazon.com>. Be sure to designate The Village in Howard to receive your donation by clicking on the link [smile.amazon.com](http://smile.amazon.com).

## **Fall Back to the 60's 'Fun-Raiser'**

*Saturday, October 27,  
4:30pm - 9:00pm*

Owen Brown Interfaith Center,  
7246 Cradlerock Way, Columbia  
Join members and friends for a fun-filled evening with delicious food, entertainment by the TVIH players and so much more.

SUPPORTER:



If you have problems with, or need information on:  
Membership, email [membership@thevillageinhoward.org](mailto:membership@thevillageinhoward.org)  
Volunteering, email [volunteer@thevillageinhoward.org](mailto:volunteer@thevillageinhoward.org)

If you would like to be removed from this email list, please email your name and email address to [4info@thevillageinhoward.org](mailto:4info@thevillageinhoward.org). We will not share your email address or personal information with anyone.

OCT  
27



THE VILLAGE IN HOWARD  
FALL BACK TO THE 60s  
'FUN'-RAISER

Owen Brown Interfaith Center  
7246 Cradlerock Way, Columbia  
5pm - 9pm

**Dinner** by Tino's Italian Bistro

**Original entertainment** performed by the **TVIH Players**

**Photo Booth, 50/50 Raffle, Auctions** of timeshare vacations.

**Online Sale** of items and services donated by our own TVIH members and local businesses

Your **\$30 admission** aids our **General Fund** which includes the supported membership initiative.

**Costume** optional. Dress your best in 1960s fashion for a **costume contest**.

**Register TODAY** online at [www.thevillageinhoward.org](http://www.thevillageinhoward.org), OR call our office at 443-367-9043.

