



The Village In Howard Newsletter

October 2019

Never Been to Basket Bingo? Why TVIH's Should Be Your 1st!

If you've said "I Am Supporting the Bingo Fundraiser—I Bought a Ticket!," we need you to think again. You can do the math and surely you can see that if all we needed was a \$20.00 member donation, we wouldn't be putting the effort into this event.

We need to raise significantly more money than we have in past years, without relying solely on our members. We need to reach beyond our membership to the larger community. For this reason, we decided on a fundraiser that other nonprofits, big and small, are sponsoring to raise much larger sums. In our region, Basket Bingos

are a proven money-maker **if we can**

fill the seats (the facility holds 310).

While we are marketing to folks outside the Village

who just really enjoy bingo, we need to see support from our Village community as well.

We not only need you to come and bring a non-member, we need you to **"talk it up" with others in groups you belong to** and do it enthusiastically. Here's a fresh perspective --this is not your grandma's bingo! Younger women come in groups for an evening out and a chance to win a designer bag, basket of wine or chocolate. Guys come for baskets of sports equipment or travel goodies and anyone can use what they win for holiday gifts. You can tell folks that their \$20.00 ticket gets them 60 chances to win a gift basket valued at \$100-\$150. There will also be 50/50s, as well as special games and raffles to win even more valuable prizes.

Here are 2 ways you can help:

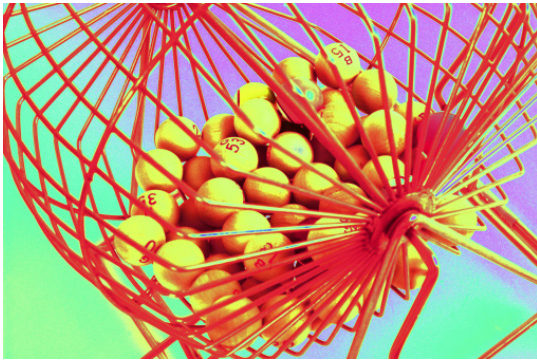
Buying your ticket and bringing non-members is the first thing you can do. To purchase tickets, you can click on the links provided on the website www.thevillagein-howard.org or call the office for assistance 443-367-9043.

You can also help us publicize. We have plenty of

flyers and we've covered the libraries and senior centers and community centers, but you can help us get it on your neighborhood's Nextdoor or Patch or Meet-up listing—or maybe your gym or Starbucks or your daughter's pre-school has a bulletin board or newsletter. Maybe you can get a blurb into another group's newsletter. Ask at the office for flyers or for an electronic copy.

If you have other thoughts, suggestions or questions, email bingo@thevillageinhoward.org

We need you – and if we're all there, it can't help but be a fun night!



Focus on Fitness

The Howard County Office on Aging and Independence (OAI) in conjunction with TVIH presents a workshop on improving your fitness. Take a snap shot of your current fitness level by participating in two simple fitness tests: strength and balance. Each participant will receive a fitness report card and information about opportunities to stay active in Howard County. Testing is performed by Certified Fitness Instructors. There is no charge. This event will take place on Monday, November 4, from 10am to 12:30pm at the TVIH Center. Participants will be given a specific time-slot for their testing. To register, call **Malarie Burgess at OAI at 410-313-6073.**

October Travel Talks/Potluck Dinner

On Thursday, October 17, we will hear from TVIH speakers on three interesting parts of the world: Italy, New York City and Canada. Each talk will be about 15 minutes in length by TVIH members.

The first talk is by Ron Putz on "Umbria, Italy and Environs." Umbria is a land-locked Italian region bordering Tuscany, Lazio and Le Marche. Often called the country's green heart, it is known for its medieval hill towns, dense forests and local cuisine, particularly foraged truffles and wines. Ron and his wife visited the area for two weeks in 2001 and stayed in an apartment next to a 250-year-old

castle, which is now a resort complex.

Nancy Krantz and Duane St. Clair will give our second talk and they will describe the June 2019 TVIH trip to New York City. This trip was designed to visit the Tenement Museum and to learn about the experiences of millions of immigrants who came to the United States from the 1800s to the present day. These immigrants included Germans, Italians, Russians, Irish, Eastern Europeans, Chinese and Hispanics. While in NYC, some other sites were visited including the Vessel, Brooklyn Bridge and the 9/11 museum.

Judy and Aaron Goldfarb will provide us with the third talk and the focus is "Laughable Moments Touring the Canadian Rockies." You will be entertained as Judy and Aaron recollect their very recent travel, 2018, to the Canadian Rockies by bus and train. Come and share their fun-filled moments of the trip.

Hope to see you there. Potluck dinner begins at 5:30PM followed by the travel talks.

TVIH Pays it Forward at Success in Style

Since last spring, TVIH has been interacting with Success in Style which is located in Savage Mill. SIS is a local branch of the nonprofit that helps both women and men to enter the workforce by helping them put together professional outfits at no cost.

Through Diane Minor, a TVIH member who works as their outreach coordinator, we learned that SIS offers a variety of services that we might be able help with as



volunteers. Since so many of our members have recently left the workforce or reduced their commitments and no longer need the extensive business wardrobes we once required, we started with a professional clothing drive and brought them more than 30 bags of clothes, shoes, belts and handbags. We then began sending a small team of volunteers to help sort and tag donations that could be used by SIS clients or sold in their resale shop. This has become a regular opportunity on TVIH's event calendar. Participants look forward to the friendly atmosphere and a chance to work with other members. When our volunteer hours are over, we leave knowing that the work we did that day will "uplift men and women in crisis and help them show off their best, most

professional selves" on their next interview. What a great feeling!

If you would like to learn more about Success in Style, Diane Minor will be making a presentation at the TVIH Center on October 16 at 10 am. See you there!!

A Picture Frame Giveaway A Mini Benefit for TVIH

Ron Putz, a TVIH Member, is holding a mini-benefit for The Village in Howard on Saturday, October 12 from 10:00 am to 12:00 pm at his home on 5451 Mars Hawk Way in Columbia.

Ron has 175 picture frames—from brand new to antique dating back to 1890 and he is giving them away, but suggesting a donation to benefit The Village in Howard. There will be a representative from TVIH on hand to gratefully accept your donations and who will be delighted to chat with you about how The Village in Howard is making aging in Howard better. There will also be tickets available for purchase to our upcoming Basket Bingo Fundraiser in November.

Do you need a beautiful antique frame for an old family picture or perhaps a mirror for your dining room? Maybe you need a new frame for that special graduation photo you plan to give your grandchild over the holidays.

We all need picture frames so we hope you can stop by and see what is available. For more information, see the Picture Frame Giveaway flier in this newsletter.

TVIH Will Participate at Howard County's Master Aging Event

We have a reserved space at the Master Aging event at Howard Community College on Saturday, October 19 10AM-3PM. This event replaces the Senior Expo from past years. The Capitol Steps will be performing again this year!


Master Aging
Engage ♦ Educate ♦ Inspire

We need volunteers to greet visitors to our booth. Please email Lynda Rotter at lynda.rotter@gmail.com

or call the TVIH office (443-367-9043) if you can volunteer for a 2 hour shift beginning at 9:30 am.

This is an enjoyable and informative event to attend. Check out their flier in this newsletter for more information.

Hope you will volunteer to help us tell others about The Village.

PORTRAIT OF A VILLAGER — Elizabeth Fran Johnson

Elizabeth Fran Johnson brings a sterling resume to her membership on the TVIH Board of Directors. It's not just the government and university positions she has held. Her accomplishments in these jobs have earned her awards, medals and an honorary degree. The underlying basis for these awards is a strong and effective commitment to using her positions to further the causes of equity and inclusion.

The first harbinger of the career that was to follow was her receipt while a teenager of the Girl Scouts' highest award, now called the Gold Bar. She was the first African-American to receive it at a time when her native Baltimore, like much of the rest of the nation, was segregated. She went on to study social work ending up with both D. S.W. and J. D. degrees and became a college professor. She taught at Howard University's School of Social Work and at Bowie State University where she co-authored an undergraduate major in social services. She became active at several levels of university structure: as a member of the Board of Regents of Morgan State University and a national appointee of Zeta Phi Beta Sorority.

Dr. Johnson also entered into government service. Two hallmarks of Lyndon Johnson's War on Poverty were concerns with social equity and health care. Dr. Johnson was involved in both. She was instrumental in the development of the Parent Involvement Head Start program, the pioneering effort to provide low income



The Baltimore Educational Scholarship Trust (B.E. S. T.) has celebrated her career as one of the best while noting that she “has been honored on more than forty occasions for excellence in service.” Those honors include a Doctor of Public Service and induction into the Maryland Women's Hall of Fame. Her service has been focused on action creating social change. It is

exemplified by her pivotal role in the Maryland Legislative Agenda for Women (MLAW). MLAW “is a statewide coalition of women's groups and individuals formed to provide a...voice for Maryland Women and families. The group advocates for progressive legislation and policy that promotes and protects the wellbeing of Maryland women and their families and provides them with opportunities to develop their full potential.”

Dr. Johnson brings this wealth of experience, organizational skill, and activism to the Village where she quickly joined the Board of Directors. She has already left her mark on the Village by successfully advocating for the creation of ways the Founders of the organization can be recognized and continue to provide input.

— Submitted by Ellin Scholnick

“The hallmark of the life of Elizabeth Johnson is the numerous outstanding activities that collectively achieve a permanent legacy of social change through public service.”

— The Maryland Women's Hall of Fame

children with preschool education. She also contributed to and implemented consumer education programs that introduced HMO's. This led to a government career at the U. S. Consumer Product Safety Commission culminating in promotion to the position of Director of Consumer Education.

TVIH Presents at the River Hill Village Center

TVIH will be giving a presentation at the River Hill Village Center (Claret Hall, 6020 Daybreak Circle, Clarksville, MD 21029) on Monday October 28, at 7 PM for the public to learn about the Village in Howard.

This event, co-sponsored by the River Hill Community Association, is free and open to the public.



THE VILLAGE, UP CLOSE AND PERSONAL

I am a caregiver, a responsibility that can be very rewarding in providing love and comfort. A responsibility that can also, at times, be stressful, exhausting, and very challenging. Neglecting your own well-being can be harmful to both you and the person in your care. We all need help at times. Happily, I discovered The Village In Howard (TVIH).

I came out of the wilderness and into the kind and caring embrace of the TVIH Circle of Care volunteers who have provided support, security, and well-being to me and my wife Deborah. Occasional “friendly visits” with my wife by volunteers have allowed me, for example, to watch my daughter run the Baltimore Marathon, partake in physical fitness and other healthy activities, and be at medical and other appointments. Not only does the Circle of Care give us emotional support, but they also provide inspiration as we move forward in the future. From our experience, we now have a sense of security that when we need care, a volunteer will always be there. Our experiences have been broadened by membership in TVIH.

Deborah has said it best, remarking, “How exciting it is to wake up each morning and view my calendar packed with TVIH classes, trips to museums, even travel to other cities and friendly visits from the most kind, caring and loving volunteers imaginable. My world has been made more secure and richer by their friendships. The best is yet to be.”

— Submitted by Warren Clayman

Editor's Note: Any full member can request friendly visits to provide occasional respite from caregiver responsibilities independent of a Circle of Care request.

Through Circle of Care TVIH creates the caring community we want to be. Let's explore how a Circle can help you.

The Circle of Care is a benefit of full membership that is available to help you complete your recovery and regain your independence. That's what community, friends and neighbors are for! While you already have on-going access to medical services during your recovery, what may be missing is help with day-to-day chores. Everyday tasks that were easy may, temporarily, be more than you can manage. When a member is stressed by dealing with multiple people in the office to coordinate service requests, a Circle can provide a single person to contact for your non-medical ‘good neighbor’ services. We'll handle any coordination so you can concentrate on getting better and resume your independent life as seamlessly as possible. To learn more about the Circle of Care, please contact Susan, shailman@comcast.net or Michele millicanm3@gmail.com

Now Boarding...

Funding Forecast

Board members were invited to testify at a CA Advisory Board working session recently and reported on the experience. In addition to having an opportunity to remind the CA of the progress TVIH has made as a result of their past grants to us, our Board members got to listen in to the discussion of CA leadership on future direction and funding priorities. Although no definitive decisions were made, TVIH Board members felt we need to look actively for other avenues of revenue generation, as we have begun to do.

Founding Members

At the TVIH Board's August meeting, several new initiatives took shape or moved forward, including a decision to institute a new Board role; that of Founding Member. At the end of this year, the last 3 of TVIH's Board members who have been involved since the Village's birth are scheduled to leave the Board, having served for 6 years, the maximum under our by-laws. A total of 6 current members were part of our original Board and have continued to be involved members and they will be recognized in various ways throughout the coming months. In addition to the recognition, the Board hopes to find ways to continue to use these members' experience and institutional knowledge to provide continuity of policy and culture as the Village evolves. More specifics will be shared as details are available.

Advisory Council

The Board voted to move ahead with forming an

EXTENDING THE WELCOME MAT

Open to members and non-members. Join us to learn about the Village.

It's often difficult to walk into a new group and determine whether you'd be comfortable in it. TVIH offers opportunities for free trial runs without having to register or make a long-term commitment. These are events that have drawn many of us into the Village.

Walkers might enjoy Saturday Sneakers & Coffee, which meets every Saturday at Lake Kittamaqundi by the People Tree or Monday Morning Meanderings at Lake Elkhorn.

If you're searching for conviviality, join the Lunch Bunch each Wednesday or Happy Hour on the first Tuesday of each month.

Bring your friends and neighbors to any of these events. We'd enjoy your company and love to get to know you.

Happy Hour: Tuesday, October 1 at 4PM at Xenia, 8850 Columbia 100 Parkway, Columbia, MD.

Sneakers and Coffee: Every Saturday at Lake Kittamaqundi. Meet at the "People Tree" near the fountain at 9AM for a 30-minute walk followed by a get together for coffee and conversation at Whole Foods Market.

Lunch Bunch: Each Wednesday from 11:30AM – 1PM. October's location is Bertucci's, 9081 Snowden River Parkway, in the shopping center with BJ's and DSW Shoe Warehouse. Great Italian Food.

Monday Morning Meanderings: Meets every Monday at 9AM. Start your week off on the right foot with a group walk around Lake Elkhorn. Meet at the dock of Dockside Road off Cradlerock Lane across from McDonald's.

TVIH MONTHLY ACTIVITIES REQUIRING REGISTRATION

THERE ARE THREE WAYS TO REGISTER FOR AN EVENT:

- Visit the website at www.thevillageinhoward.org and sign in. After you have signed in, click on the "Calendar" tab for the activities for this month or for future months. Click on the activity you want to register for. If you are having difficulty registering on the website, please call the office at 443-367-9043.
- Call the TVIH Office at 443-367-9043 to register. If no one picks up, please leave a message and a volunteer will get back to you.
- Click this link to go directly to the website Calendar:

http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908

Note: All events will take place at the TVIH Center unless otherwise specified.

Events in October

"Hooked on Books"

Tuesday, October 1, 1PM

A book club that enjoys reading books that lend themselves to good discussion. Rotate meetings in members' homes.

My 3 Cents

Wednesday, October 2, 2PM

In-depth monthly discussions that focus on specific topic of national, global, social, political or local interest. This session discusses where and how one draws the limits of freedoms such as speech, religion, possession of guns.

Current Trends in Mystery Fiction

Thursday, October 3, 10:30AM

Roberta Rood explores what is currently trending in the field of mystery fiction.

Mah Jongg

Fridays, October 4, 11, 18, & 25, 10AM

Must have basic understanding and previous playing experience.

Game Night

Saturday, October 5, 7PM

Join fellow TVIH friends for a fun evening of friendly competition,

laughs for everyone, and games that are a hoot to play!

Bocce Ball League

Mondays, October 7, 14, 21, & 28 1PM

Cedar Lane Park West

We play in the fall and spring for 9 weeks ending with a tournament game.

Bridge Group

Tuesday, October 8 & 22, 1PM

This is social Bridge club that plays for fun and enjoyment of the game.

Smithsonian Environmental Research Center Hike and Lunch

Wednesday, October 9, 9AM

Choose one of three led hikes at this 2,800 enclave in Edgewater overlooking the Chesapeake Bay. Followed by lunch at Mike's Crab House.

SpeakEasy Revisited

Thursday, October 10, 10AM

A follow-up meeting with past Speakeasy participants to discuss how they are doing with their advanced directives and family conversations.

The Village People – Telling Our Stories

Friday, October 11, 2PM

TVIH member Marsha Birnbaum presents "Working on a Polish family genealogy from 1900's Baltimore back to the Polish town of her great-grandparents."

Wills & Estate Administration

Tuesday, October 15, 1PM

Byron Macfarlane, Register of Wills for Howard County will speak on estate administration.

TVIH Talk: All You Want to Know About "Success in Style"

Wednesday, October 16, 10AM

"Success in Style" is a non-profit organization that supports women and men who are pursuing employment by providing free of charge professional clothing for interviews and new jobs.

The Village Readers, 10AM

Thursday, October 17, 10AM

October selection is "Educated" by Tara Westover

Flying Solo

Thursday, October 17, 4PM

BJ's Restaurant & Brewery
A female member get-together for pleasant conversation.

Travel Talks/Potluck Dinner-Three Fifteen Minute Talks: Umbria, Italy, The Tenement Museum trip and Canadian Rockies.

Thursday, October 17, 5:30PM

Howard County Central Library
10375 Little Patuxent Parkway,
Columbia, MD 21044

TVIH Website and iPhone Workshop

Thursday, October 24, 10AM

Learn how to navigate the TVIH website and iPhone features that will make your life easier.

Afternoon Tea at the Kate Pearl Tearoom at Gypsy's

Thursday, October 24, 1PM

Housed in the William Winchester House (circa 1760) in Westminster, MD

Aging in Place Workgroup Series, Session Two

Thursday, October 24, 4PM

This session discusses "House Sharing & Local Safety Net"

Apple iPhone App Workshop

Friday, October 25, 10AM

This hands-on workshop is a follow-up to the "Going App Wild with an Apple iPhone" class, although you need not have attended that to register for this one.

TVIH ROMEOs (Retired Old Men Eat Out)

Sunday, October 27, 5:30PM

All male TVIH members and their friends are welcome to join us at Leelynn's Restaurant and Lounge, 9495 Old Annapolis Road, Ellicott City, MD 21042.

Cybersecurity – "10 Threats Every Person & Business Faces and How to Fight Them"

Monday, October 28, 10AM

Has your personal information been exposed in a data breach or hack? The statistics say, "Most likely." Learn how to protect your personal information.

Village Pays It Forward Team Goes to Success in Style

Wednesday, October 30, 2PM

A team of 6 goes to Success in Style to sort clothes, size them, and whatever tasks need to be done that day. No regular commitment. Join the team when you can pay it forward.

Looking Ahead

Mah Jongg

*Fridays, November 1, 8, 15, 22, 29,
10AM*

Previous play experience is required.

Little Barbershop of Horrors or The Demon Baritone of Fleet Street

Saturday, November 2, 7PM

An evening of Barbershop performed by the Heart of Maryland Barbershop Chorus, Slayton House, Wilde Lake Village Center.

Teach and Taste – Blends: A Discovery Activity

*Sunday, November 3, two sessions:
12:30PM and 3PM*

Taste three wines. Then, in a small group, you will create a blend from those wines.

Focus on Fitness

Monday, November 4, 10AM

While last spring's program focused on cardiovascular endurance and flexibility, this program will focus on "balance and strength". Each person will receive a fitness report card and resources to help them improve their balance and strength.

Chocolate Candy Making, Tips from a Pro

Monday, November 4, 3PM

Have you ever wondered how the pros make their chocolates look so delectable? Chocolatier Angie Swann will show us how.

International Folk Dancing

*Wednesdays, November 6, 13, 20, 27,
8PM*

Enjoy music and camaraderie while getting some exercise with the Columbia International Folk Dancers. First session is free. Sessions thereafter are \$5 payable at the event.

Bridge Group

*Tuesdays, November 12 and 26,
1PM*

My 3 Cents

Wednesday, November 13, 2PM

In-depth monthly discussions that focus on specific topic of national, global, social, political or local interest. Check calendar for monthly topic description.

REP Stage Play, E2

*Thursday, November 14, 7PM
Howard County Community
College, Horowitz Center*

A contemporary reimagining of Christopher Marlowe's tale of England's ineffectual King Edward who alienates his queen and court.

TVIH Basket Bingo Fundraiser

*Friday, November 15, 7PM
FOB Lodge 69, Catonsville, MD*

This is our annual fundraiser. Prizes include designer bags, creative baskets, raffles and more. Purchase tickets at www.thevillageinhoward.org.

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You shop. Amazon gives.

Support TVIH by using AmazonSmile, a giving program offered by Amazon.com for the same products and prices. When you use AmazonSmile for your shopping, 0.5% of the purchase price of eligible products will be donated to TVIH. How does it work? Start each shopping session at the URL <http://smile.amazon.com>. Be sure to designate The Village in Howard to receive your donation by clicking on the link smile.amazon.com.

Member Solicitation Policy

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

SUPPORTERS:



If you have problems with, or need information on:
Membership, email membership@thevillageinhoward.org
Volunteering, email volunteer@thevillageinhoward.org

If you would like to be removed from this email list, please email your name and email address to 4info@thevillageinhoward.org. We will not share your email address or personal information with anyone.

Picture Perfect Give-Away

*** Saturday, October 12th from 10:00am – 2:00pm**

5451 Marsh Hawk Way, Columbia, MD 21045

The Picture Perfect Give-Away consists of more than 175 picture frames ranging from brand new to antiques (1890's) with a wide assortment of sizes, colors, and textures.

Although everything is free, we are asking for small donations that will help support the non-profit Village of Howard County that assists seniors over 55 years old with the goal of aging gracefully and independently in their own homes.

So please join us in meeting new neighbors and old friends while enjoying delicious apple cider and cookies, and browsing distinctive, unique, and fun picture frames!



It's going to be a lot of fun, so we hope to see you there!

**Sincerely,
Ronald Putz
Host & Organizer**

*** In case of rain, the Give Away will take place on Sunday, October 13th from 10am - 2pm. ☺**