

# The Village In Howard Newsletter

June 2020



## WIN UP TO \$10,000 -AND SUPPORT THE VILLAGE! ALL YOU GOTTA DO IS PLAY!

We can all agree this year has been like no other. Most of our businesses as well as our social institutions have been impacted, as have most of our non-profit organizations - including our Village. Since we opened our doors 5 years ago, we have always been able to count on funds raised through our various restaurant fundraisers, our annual Tino's Bistro Foundation Night, and from our Barnes & Noble Gift Wrap fundraiser. But now each of these sources is very much in doubt and we are seeking new and creative ways of filling the void.

TA DA! Starting on July 13th the Fundraising Committee will begin selling 200 raffle tickets, in the amount of \$100 each, to enter our 50/50 Raffle for a chance to win a grand prize of up to \$10,000. These initial sales will be offered solely to our members. On August 1st, we will extend the ticket sales to the general public.

The \$20,000 proceeds from ticket sales will be split evenly between the winner of the drawing and the Village. The Village funds will go to support our weekly programs, our on-going administrative expenses, and our supportive memberships.

We will be accepting payment by cash, credit card and PayPal until September 14th. Payment with personal checks will be accepted from our members only, an option that will not be made available to the general public.

The grand prize drawing will be held on Saturday, September 26th. Time and place are yet to be determined, depending on the status of the availability of our TVIH office at that time. The winner of the drawing need not be present at this event.

So please consider joining us in this, our major fundraiser of the year, and purchase a ticket for yourself or even invite your family and/or friends to go together to buy a chance to win 10,000 smackeroos!!!

You can make a big difference in our efforts to move our Village forward in these financially challenging times. Submitted by the Fifty/Fifty Fundraising Team

# Thanks to Our Volunteers – TVIH Is Ready and Willing

While our members have cancelled or postponed many of their requests for rides and maintenance during our COVID-19 pandemic, we owe a tremendous "thanks" to those volunteers who have stepped forward during this



uncertain time to help with both routine tasks and critical needs. Every week, our volunteers have been delivering groceries and run errands. They have helped getting clothing to a member's son who had been transferred to a Towson hospital with just the clothes on his back. They have helped with

small critical home repairs and they have provided computer assistance.

Our office volunteers continue to staff the office from their homes from 10-2 each day, filling requests and answering inquiries as well as making dozens of calls to members just to check in and chat. Our Circle of Care volunteers have continued to support members experiencing health problems, primarily by phone, supplemented by many thoughtful gestures and informal treats delivered to assure members they are in our thoughts.

As this crisis drags on, the support of neighbors and family may wain. Remember that members who need volunteer help at any time can ask for volunteer assistance by calling the office or e-mailing <u>services@</u> <u>thevillageinhoward.org</u>. Remember that just because you don't see our volunteers, they are our biggest strength and they are ready to help when needed.

Thank you to each of you—you are TVIH's secret sauce!

— Submitted by Susan Hailman Chair, Volunteer Program



# Mask Making: Contributing to the Community

This pandemic brought out a desire to make a contribution to the community: especially the front-line health care workers. Mask-making seemed like something I (we) could do. However, I wanted to work with a professional who had community contacts. I learned about Lee Andersen, the clothing designer and manufacturer who was recruiting home sewers to complete the sewing on pre-cut fabric that came complete with elastic and directions. As it turned out, I could not sew the masks because of poor eyesight, but I could be a team leader who recruited and organized others who could sew.

One of the first to respond to my requests for home sewing was Dorothy Hutchins, a member of TVIH. In total, 6 people formed the team. We continued until Lee Andersen stopped producing pre-cut kits with 50 masks per kit. In total, our team produced 530 masks. And they have assured me that they are ready to continue if Lee Andersen resumes. There are many sources of masks now, but when our team began on March 29th the need was great and the availability scarce..

Helping the community was an energizer. It felt good to reach back to those rusty skills and be productive.

- Submitted by Kathy Rose, TVIH member since 2015

## **Travel Talks:** Photo Sharing of Howard County Plants and Wildlife June 18, 2020 at 7:00PM



June's Travel Talk will be a TVIH participants affair with the sharing of photos on plants and wildlife we experience throughout the county. In many cases, we



never see these or do not pay any attention to their beauty and are unaware of the enormous variety of plants and wildlife in Howard County.

Photos may include, but definitely are not limited to: flowers, insects, birds, animals [fox, moose, deer,

fish, butterflies, moths, dragon flies, snakes] and the list goes on. These photos can be in your file or grab your

camera and get some photos before the show. It's going to be a fun time and hopefully make you more aware of things in your neighborhood.

If you have questions, please contact Joy Cheung (jihcheung@gmail.com) or Dick Voelker (dickvoelker@ gmail.com).

Please note that you do not need to have photographs to enjoy this event.





## **Meditation Memories**

Member Fran Dummett leads The Village In Howard Virtual Meditation Group which meets weekly on Monday mornings at 9:30AM and Thursday evenings at 7:00PM. One of her recent meditation sessions focused on mindful eating.

• Nurturing Ourselves and Mindful Eating.

- Tidbits from Mindful Eating Meditation
- Take some time to slow down, taste your food and savor every bite.



# VIRTUAL POGRAMS IN JUNE

Zoom is the platform TVIH is using for each of our activities. Each activity has a unique zoom meeting room link which can be found on the online event calendar description.

One click on the posted link using your computer or tablet and you are in. Zoom meetings can also be accessed by a telephone for audio connection only. Instructions on how to connect using your smartphone are available on the online event calendar. In a zoom meeting room, you will see your friends, talk, share stories and relax. We all miss driving to the TVIH center and seeing our TVIH friends in person, but this is the next best thing until the Neighborhood Center is re-opened.

If you have any difficulty registering, please do not hesitate to give us a call (443)367-9043 for assistance. We will be delighted to help you.

# **Virtual Activities Not Requiring Registration**

Each event has a unique zoom meeting room link, meeting ID and password. Log in to the TVIH website, click the calendar tab and find the event you wish to join. If using your computer or tablet, click the listed link and you are in. If using your phone, please follow the instructions given in the event description.

#### Saturday Morning Coffee with Friends June 6, 13, 20, 27, 9:30AM

With your coffee mug in hand have a seat in front of your computer, see your friends on the screen, share your stories and enjoy a few laughs.

#### **Monday Morning Meanderings Coffee**

*June 1, 8, 15, 22, 29, 9:00AM* Enjoy your morning coffee with Meanderings "walkers" – sneakers not required.

#### Wednesday Lunch Bunch, 11:30AM June 3, 10, 17, 24, 11:30AM

Enjoy lunch and lively conversation with the Lunch Bunch every Wednesday.

## **Virtual Activities Requiring Registration**

Register for an event on the online calendar. On the day of the event, return to the event on the calendar about 15 minutes before the time of the event, click the zoom meeting room link and you're in! If using your phone, follow instructions given.

Reminder: Please remember to use the 'Cancel' button or phone the office, if you are unable to attend an event for which you've registered. This courtesy not only helps the event coordinator, but opens a space for others who may wish to attend.

Thank you for your consideration. Sarah Spence, Program Chair

# Monthly Activities

**Sing-a-Long Party** *Monday, June 1, 15, 29, 7:00PM* We will sing our favorite songs with our TVIH friends. Program varies and will be available with lyrics of the songs to be sung.

#### "Hooked on Books" Book Club

*Tuesday, June 2, 1:00PM* This book club meets April, June, August, October and December. Discussion of "An American Marriage" by Tayari Jones.

#### **Happy Hour**

*Tuesday, June 2, 4:00PM* Pour a glass of your favorite wine or pint of beer, add an appetizer and you will be ready to join us for a little screen time sharing our experiences as we all "hunker down" and "shelter at home".

#### Empowering Yourself with Technology

*Wednesday, June 10, 10AM* In this first meeting, Marlene West, a TVIH member, will talk about "running your home with smart tech", with a doorbell camera, a garage door that she can close using her phone, a robot vacuum, an Echo and Dot that control two lights, keep her grocery lists and provide other help, and smart thermostat that saves much money.

## My 3 Cents

*Tuesday, June 16, 1:00PM* Our discussion topic will focus on "Discrimination and Diversity in the Age of "Political Correctness" and "Tribalism".

## Sharing Stories: I was a New Yorker.

*Tuesday, June 16, 7:00PM* Share your stories of living in New York City or New York State.

#### The Village Readers Book Group

*Thursday, June 18, 10:00AM* Book discussion of the month: "Before We Were Yours" by Lisa Wingate

#### Travel Talks: Howard County Plants and Wildlife

*Thursday, June 18, 7:00PM* We have an enormous variety of plants and animals in Howard County. Share your photographs of flowers, insects, birds, animals, fish, butterflies ... and the list goes on. Have your photos on your desktop or wherever they can be accessed for this Zoom session. More details can be found on the online event calendar.

## Vegan Diet, Session Two

*Friday, June 19, 10:00AM* This is a follow-up session to Nancy Lyon's talk on May 15. She will answer questions and check on the progress made by members who have switched to more fruits and vegetables in their diet in the past 5 weeks.

#### Weekly Activities MONDAYS Morning Meditation Group

*Monday, June 1, 8, 15, 22, 29, 9:30AM* Start your week with a stress reduction break under the coaching of Fran Dummett.

#### TUESDAYS Bridge Club

*June 2, 9, 16, 23, 30, 1:00PM* This program uses Trickster.com Check the calendar for details.

#### THURSDAY Evening Meditation Group

*June 4, 11, 18, 25, 7:00PM* End your day with positive, peaceful and happy thoughts.

#### FRIDAYS Mah Jongg

#### Morning and Afternoon Games June 5, 12, 19, 26, 10:00AM and 2:00PM

This is an opportunity to play Mah Jongg with other Village members, on-line using a commercial software program. Participants must know how to play the game. We usually play 3-4 games within a 2-hour window.

#### Dinner and Discussion with Friends

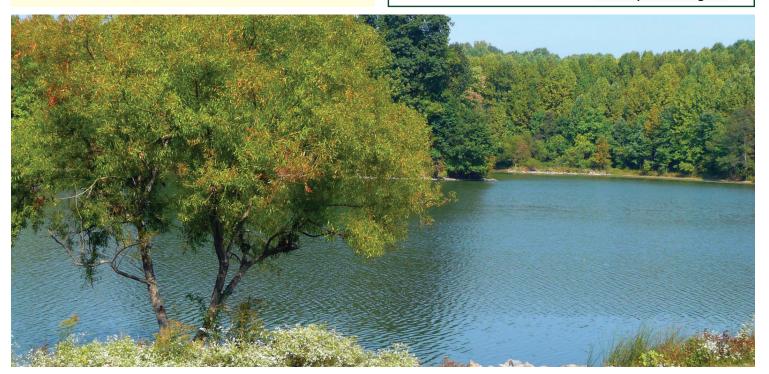
*June 5, 12, 19, 26, 6:30PM* Have dinner together each Friday. A variety of topics/themes for discussion and fun. Every Friday dinner gathering has its own unique theme.

### New Event Feature: "Add Me to Wait List" Button

We are excited to announce a new event feature – the "Add Me to Wait List" button. This button will replace the "Registration" button when an activity is filled. With a click of this button you add your name to a wait list. When a slot opens due to a cancellation, you will be notified that an opening is available and you will have the opportunity to register for the event or remove yourself from the wait list. Support TVIH by using AmazonSmile, a giving program offered by Amazon.com for the same products and prices. When you use AmazonSmile for your shopping, 0.5% of the purchase price of eligible products will be donated to TVIH. How does it work?

Start each shopping session at the URL http://smile.amazon.com. Be sure to designate The Village in Howard to receive your donation by clicking on

the link smile.amazon.com. You shop. Amazon gives.



Centennial Lake, photo by MrSparkle17, via https://commons.wikimedia.org

## **Member Solicitation Policy**

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

#### **SUPPORTERS:**





If you have problems with, or need information on: Membership, email <u>membership@thevillageinhoward.org</u> Volunteering, email <u>volunteer@thevillageinhoward.org</u>

If you would like to be removed from this email list, please email your name and email address to <u>4info@thevillageinhoward.org</u>. We will not share your email address or personal information with anyone.