

What Makes
The Village
In Howard
Work For
You?

Volunteers Provide Full Members With....

- ✓ Vetted rides to appointments, shopping, senior center, barber, etc.
- √ Coordinated services after hospitalization or traumatic event
- √ Friendly Visits
- √ Simple Minor Home Repairs
- √ Home Organization



Taking A Request From A Member



Transporting
Member to
Dr.
Appointment



Transporting Member to Grocery Store



Helping Member in Grocery Store



Small tasks requiring climbing or lifting



A Friendly Visit

Providing a Meal During A Friendly Visit





Volunteers Committees Generate Ideas, Plan, Solve Problems, and Develop **Policy**

TVIH Committees

Communication & Outreach

 Monthly Newsletter; Special Events (50+ Expo); Presentations to How. Co. groups; Informational sessions to the general public; Involvement in the community (COGS; ACS; HSGH)

Finance

 Reports on Budget status; Manages banking, checking and payments for expenses; financial record keeping

Fundraising

 Research federal, state local & private funding opportunities; Manage Grants; Conduct annual member/non-member donation solicitation program; Conduct large events (50-50 raffle; Bingo); conduct small events (Christmas gift wrapping; restaurant nights)

IT

Identify automation hardware & software needs & upgrades; Purchase & install hardware (printers, routers, etc.); Maintain Resource Directory; Manage contacts with ClubExpress our database vendor

Membership

 Welcome new members to the Village; Assign 'buddies' to help new members feel included & stay in contact; Coordinate with Communication and Outreach on recruitment

Program

- Provide a balance of educational, cultural, health and well-being, and social programs
- Committee members initiate and approve the various programs
- Program Sub-Committee Healthy Aging Work Group explores the possibilities of TVIH joining together with Howard County initiatives to be an example of healthy aging in place; Has collaborative relationships with the Office on Aging; The Howard County Local Health Improvement; Howard County General Hospital; The Horizon Foundation

TVIH Committees Continued

Volunteer

- Includes office, transportation and service volunteers; Provides services to full members; Assists associate members with inquiries, registration, cancellation of events.
- Office Volunteers maintain the office 5 days/week with 2-hour shifts from 10-12; 12-2 at their own choosing; must become familiar with the database
- Program Sub Committee Circle of Care Service volunteers provide non-medical aide to members requiring help during recovery from surgery or other health-related issues; Provide respite care for member caring for a spouse

Website R & D

 Explore new website features that can benefit TVIH's operations; Create and upload documents for training to the Document Library; Technology Training; TVIH Photographer; YouTube, Zoom, Facebook

Variety of Programs and Events

- Meditation
- Write and Tell Your Story
- Educational (My 3 Cents; Dinner Discussions)
- Health-Related (Monday/Saturday Walks; Healthy Weight Loss)
- Informative (County Housing Initiatives; Cyber Security; Wills/Advanced Directives)
- Travel Talks
- Cooking Demos (Cooking for One; Insta Pot cooking)
- Day and/or Overnight Trips (Supreme Court; Longwood Gardens; NYC)
- Book Club
- Game Related (Mahjong; Bridge; Board Game Nights)
- Movie Night
- Wine Tasting
- Comradery (Lunch Bunch; Happy Hour)

This is just a small example of programs and events offered by the Village.

Remember, our members are stakeholders in the Village. Volunteer efforts provide 99% of all that is done in The Village of Howard. Volunteering is fulfilling and purposeful. If you are willing to extend some of your spare time, your help is most welcome.





Volunteers Recruiting New Members



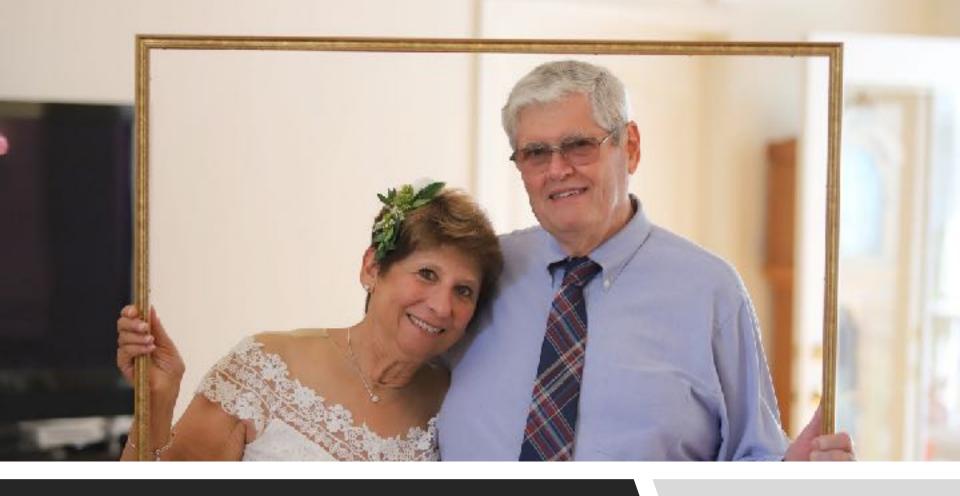
Event Promoting Interaction



TVIH Volunteers at the Food Bank



"OFFICE & TRANSPORTATION VOLUNTEERS"



AN OFFICE VOLUNTEER AND A TRANSPORTATION VOLUNTEER MET AT THE VILLAGE

Did You Know?

Volunteers improve their health by experiencing:

- 1. Lower mortality rates
- 2. Lower rates of depression
- 3. Less disability

- 4. To have a new purpose after retirement
- 5. Because acts of service are fulfilling
- 6. To have new experiences
- 7. Provide a sense of achievement



Do you think YOU might be interested?

- **Volunteers** are needed in the following categories:

Transportation; Office; Home Maintenance; Social Support; Circle of Care;

Committee Participation

Contact one of our volunteer co-chairs:

Susan Hailman – 443-994-5453

Marie Grunwell – 410-442-7449

