



What Makes  
**The Village**  
**In Howard**  
Work For  
You?

# **Volunteers Provide Full Members With....**

- ✓ Vetted rides to appointments, shopping, senior center, barber, etc.
- ✓ Coordinated services after hospitalization or traumatic event
- ✓ Friendly Visits
- ✓ Simple Minor Home Repairs
- ✓ Home Organization





**Taking A Request From A Member**



**Transporting  
Member to  
Dr.  
Appointment**





**Transporting Member to Grocery Store**





**Helping Member in Grocery Store**





**Small tasks requiring climbing or lifting**



**A Friendly Visit**



# Providing a Meal During A Friendly Visit





**Volunteers  
Committees  
Generate  
Ideas, Plan,  
Solve  
Problems,  
and  
Develop  
Policy**



# TVIH Committees

- **Communication & Outreach**
  - Monthly Newsletter; Special Events (50+ Expo); Presentations to How. Co. groups; Informational sessions to the general public; Involvement in the community (COGS; ACS; HSGH)
- **Finance**
  - Reports on Budget status; Manages banking, checking and payments for expenses; financial record keeping
- **Fundraising**
  - Research federal, state local & private funding opportunities; Manage Grants; Conduct annual member/non-member donation solicitation program; Conduct large events (50-50 raffle; Bingo); conduct small events (Christmas gift wrapping; restaurant nights)
- **IT**
  - Identify automation hardware & software needs & upgrades; Purchase & install hardware (printers, routers, etc.); Maintain Resource Directory; Manage contacts with ClubExpress our database vendor
- **Membership**
  - Welcome new members to the Village; Assign 'buddies' to help new members feel included & stay in contact; Coordinate with Communication and Outreach on recruitment
- **Program**
  - Provide a balance of educational, cultural, health and well-being, and social programs
  - Committee members initiate and approve the various programs
  - Program Sub-Committee – Healthy Aging Work Group – explores the possibilities of TVIH joining together with Howard County initiatives to be an example of healthy aging in place; Has collaborative relationships with the Office on Aging; The Howard County Local Health Improvement; Howard County General Hospital; The Horizon Foundation

# TVIH Committees Continued

- **Volunteer**

- Includes office, transportation and service volunteers; Provides services to full members; Assists associate members with inquiries, registration, cancellation of events.
- Office Volunteers maintain the office 5 days/week with 2-hour shifts from 10-12; 12-2 at their own choosing; must become familiar with the database
- Program Sub Committee – Circle of Care – Service volunteers provide non-medical aide to members requiring help during recovery from surgery or other health-related issues; Provide respite care for member caring for a spouse

- **Website R & D**

- Explore new website features that can benefit TVIH's operations; Create and upload documents for training to the Document Library; Technology Training; TVIH Photographer; YouTube, Zoom, Facebook



# Variety of Programs and Events

- Meditation
- Write and Tell Your Story
- Educational (My 3 Cents; Dinner Discussions)
- Health-Related (Monday/Saturday Walks; Healthy Weight Loss)
- Informative (County Housing Initiatives; Cyber Security; Wills/Advanced Directives)
- Travel Talks
- Cooking Demos (Cooking for One; Insta Pot cooking)
- Day and/or Overnight Trips (Supreme Court; Longwood Gardens; NYC)
- Book Club
- Game Related (Mahjong; Bridge; Board Game Nights)
- Movie Night
- Wine Tasting
- Comradery (Lunch Bunch; Happy Hour)

**This is just a small example of programs and events offered by the Village.**

Remember, our members are stakeholders in the Village. Volunteer efforts provide 99% of all that is done in The Village of Howard. Volunteering is fulfilling and purposeful. If you are willing to extend some of your spare time, your help is most welcome.



# Technology Training





**Volunteers Recruiting New Members**



**Event Promoting Interaction**





**TVIH Volunteers at the Food Bank**





**"OFFICE & TRANSPORTATION VOLUNTEERS"**





**AN OFFICE VOLUNTEER AND A  
TRANSPORTATION VOLUNTEER  
MET AT THE VILLAGE**

# **Did You Know?**

**Volunteers improve their health by experiencing:**

1. Lower mortality rates
2. Lower rates of depression
3. Less disability





4. To have a new purpose after retirement
5. Because acts of service are fulfilling
6. To have new experiences
7. Provide a sense of achievement



Do you think YOU might be interested?

- **Volunteers** are needed

in the following categories:

Transportation; Office; Home Maintenance;

Social Support; Circle of Care;

Committee Participation

Contact one of our volunteer co-chairs:

*Susan Hailman – 443-994-5453*

*Marie Grunwell – 410-442-7449*

